

*"Time is like a river. You cannot touch the same water twice, because the flow that has passed will never pass again. Enjoy every moment of your life." - Anonymous*

Dear Parents

*"Your children are not your children  
They are the sons and daughters of life's longing for itself.  
They come through you but not from you...  
You are the bows from which your children,  
As living arrows, are sent forth." -Kahil Gibran*

The ways that parents shape their children's development have been a long-standing source of theorizing by scientists, philosophers and parents themselves. Being a parent is a joy beyond words and all parents of course, want the very best in the world for their child. Parents naturally care a lot about their child's happiness and want to help them to grow into a wonderful person. Parenting has no age, it is one's lifetime. But the need of children changes with age and as per their individual abilities.

The tips offered here are actually a few ideas on different aspects of parenting to help you look at your ever-changing role from different angles because Parenting is both, an art and a skill.

**Family Atmosphere and Your Child:** A happy home provides happiness to the child. The world you create around the child and your inputs in his/her growth strongly influence his/her personality.

**Building A Positive Mindset:** When your child is undergoing a rough phase give him/her the emotional cushioning he needs to get out of the blues.

**Set Limits with Love:** Avoid rewards to stop misbehavior because it gives the wrong signal. The child may think it to be the best way to get what they wish for.

**A Healthy Mind in A Healthy Body:** Allow your child to be adventurous; do not restrict his movements. Allow him to make mistakes and learn from them because it enlightens him.

**Helping your child for forth-coming exams:** To avoid the exam stress, check your child's note books regularly, spend time with them to discuss and clarify the doubts, encourage them to prepare a daily schedule, converse with the teacher for any aid and conduct a mock revision with a time limit.

Be a happy parent and give your child all she/he needs to be happy and successful in the world! Happy Parenting!!

Regards,  
Principal

# NEWSLETTER | DELHI PUBLIC SCHOOL

## CLASS: II

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## GLOBALLY IMPORTANT DAYS OF THE MONTH

**PORI FESTIVAL(14-22)** to mark religious events or seasonal changes, Himachal Pradesh celebrates this festival to strengthen the traditional beliefs of the rural people here. Celebrated with a great pomp and show, the Pori Festival is an annual feature at the Lahaul Valley and is symbolic to the historical and sociological background of the area.

### CAMPUS CLANDESTINE

Bright and early on the first day, the school bell rings, our children walked through our doors with bright smile to be happy and learn with their friends. They were excited to meet their friends and shared their vacation trips. The theme of the month 'Summers' helped them to learn different seasons and how to protect themselves from scorching heat. The learning about season created an awareness about time and change. The first cooking activity 'Mint Cooler' was very much refreshing and rejuvenating. The Thursday Activities were helpful, the Annual Theme activity created an awareness among the children; the children became much more conscious about their environment.

**NATIONAL DOCTORS' DAY(1)** is celebrated on July 1 all across India to honour the legendary physician and the second Chief Minister of West Bengal, Dr. Bidhan Chandra Roy. This observance fulfills a need to show the importance of doctors and physicians in our lives.

**VAN MAHOTSAV (July 1<sup>st</sup> week)** is an annual tree-planting festival in India. This movement was initiated in the year 1950 by India's Union Minister for Agriculture, Kulapati Dr.K M Munshi.It has gained immense national importance and every year, millions of saplings are planted all across India in observation of the Van Mahotsav week. People celebrate Van Mahotsava by planting trees or saplings in homes, offices, schools, colleges, etc.

## SYLLABUS

### ENGLISH

Unit 6 Good Morning Unit 14 To School on Horseback

Workbook 3: Unit 6 & 14

### MATHS

Multiplication, Patterns and Table 8 & 9

### HINDI

- साहित्य- काले मेघा पानी
- दे (केवल पठन पाठन के लिए)
- तितली और कली • बस के नीचे बाघ व्याकरण-
- विशेषण • विराम चिह्न (पूर्ण विराम,अल्प
- विराम और प्रश्न चिह्न) •शब्द सूची
- संख्यावाची(२१-३०)
- चित्र-वर्णन (Picture Creative writing)



## LUNCH BOX- SECRETS – JULY SPECIAL

### FRESH FRUIT SPRING ROLLS



#### INGREDIENTS

1 apple & 1 mango  
 ½ grapes  
 1 peach  
 1 kiwi  
 4 strawberries  
 10 raspberries  
 1/8 cup pomegranate  
 5 mint leaves fresh  
 4 tbsp cream cheese  
 4-6 bread slices

#### METHOD

Start by chopping fruits. Cut the apple and mango in long thin strips. Slice the strawberries, raspberries and kiwi into rounds and cut the grapes. Cut the sides of the bread and with a rolling pin thinly roll the slices. Spread cream cheese in the centre and put all the chopped fruits and roll the slice. Repeat for each spring roll making one at a time. Quickly make a dressing by mixing the chocolate sauce, cream and powdered sugar together in a bowl and serve with the fruit spring rolls.

#### TONGUE TWISTERS

Seven seasick seamen, on the ship 'Shanghai' washed seven shirts in the sea.

## THEME OF THE MONTH – MONSOON



**Monsoon** is traditionally defined as a seasonal reversing wind accompanied by corresponding changes in precipitation, but is now used to describe seasonal changes in atmospheric circulation and precipitation associated with the asymmetric heating of land and sea. Usually, the term monsoon is used to refer to the rainy phase of a seasonally changing pattern, although technically there is also a dry phase. Through this the children will come to know how monsoon acts as a unifying factor of India.

## PROJECT OF THE MONTH – CLOUDS



Clouds are made of tiny drops of water or ice crystals that settle on dust particles in the atmosphere. The droplets are so small - a diameter of about a hundredth of a millimetre - that each cubic metre of air will contain 100 million droplets.

Clouds will either be composed of ice or water droplets depending on the height of the cloud and the temperature of the atmosphere. Because the droplets are so small, they can remain in liquid form in temperatures as low as  $-30^{\circ}\text{C}$ . Clouds at great height with temperatures below  $-30^{\circ}\text{C}$  are composed of ice crystals.

## PARENT PLUS

Try to set time on a regular basis to do some fun with your child.

Never disagree about discipline in front of the children.

Never give an order, request, or command without being able to enforce it at the time.

Be consistent, that is, reward or punish the same behavior in the same manner as much as possible.

Agree on what behavior is desirable and not desirable.

Agree on how to respond to undesirable behavior.

