

"It is easier to build strong children than to repair broken men"

NEWSLETTER | DELHI PUBLIC SCHOOL

CLASS: I

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Dear Parents

"Your children are not your children
They are the sons and daughters of life's
longing for itself.
They come through you but not from you...
You are the bows from which your children,
As living arrows, are sent forth." -Kahlil
Gibran

The ways that parents shape their children's development have been a long-standing source of theorizing by scientists, philosophers and parents themselves. Being a parent is a joy beyond words and all parents of course, want the very best in the world for their child. Parents naturally care a lot about their child's happiness and want to help them to grow into a wonderful person. Parenting has no age, it is one's lifetime. But the need of children changes with age and as per their individual abilities.

The tips offered here are actually a few ideas on different aspects of parenting to help you look at your ever-changing role from different angles because Parenting is both, an art and a skill.

Family Atmosphere and Your Child: A happy home provides an anchor to the child. The world you create around the child and your inputs in his/her growth strongly influence his/her personality.

Building A Positive Mindset: When you child is undergoing a rough phase give him/her the emotional cushioning he needs to get out of the blues.

Set Limits with Love: Avoid rewards to stop misbehavior because it gives the wrong signal. The child may think it to be the best way to get what they wish for.

A Healthy Mind in A Healthy Body: Allow your child to be adventurous; do not restrict his movements. Allow him to make mistakes and learn from them because it enlightens him.

Helping your child for forth-coming exams: To avoid the exam stress, check your child's note books regularly, spend time with them to discuss and clarify the doubts, encourage them to prepare a daily schedule, converse with the teacher for any aid and conduct a mock revision with a time limit.

Be a happy parent and give your child all she/he needs to be happy and successful in the world! Happy Parenting!!

Regards,
Principal



GLOBALLY IMPORTANT DAYS OF THE MONTH

PORI FESTIVAL(14-22) to mark religious events or seasonal changes, Himachal Pradesh celebrates this festival to strengthen the traditional beliefs of the rural people here. Celebrated with a great pomp and show, the Pori Festival is an annual feature at the Lahaul Valley and is symbolic to the historical and sociological background of the area.

CAMPUS CLANDESTINE

The children bubbled-over with energy after the long summer break and were happy to see their friends. Though there was a slight set back with the children getting into the school-routine after the long hiatus, the various activities helped the children to settle down pretty quickly. The Annual Theme Activity - "How the Ear Works" indeed provided a better insight on how each person is able to hear and they really appreciated the importance of reducing noise pollution. The Reggio Emilia Activity "Bird Feeder" helped the children understand the fact that animals and birds too suffer due to the scorching summer sun and the harsh heat. The theme - BREAKFAST and the project - SANDWICH helped the children understand to make healthier choices while eating. Eating brown bread rather than white bread, fresh juice instead of packed beverages, etc. It also instilled in their minds the importance of not skipping breakfast while coming to school and the importance of healthy eating habits.

NATIONAL DOCTORS' DAY(1) is celebrated on July 1 all across India to honour the legendary physician and the second Chief Minister of West Bengal, Dr. Bidhan Chandra Roy. This observance fulfills a need to show the importance of doctors and physicians in our lives.

VAN MAHOTSAV (July 1st week) is an annual tree-planting festival in India. This movement was initiated in the year 1950 by India's Union Minister for Agriculture, Kulapati Dr. K M Munshi. It has gained immense national importance and every year, millions of saplings are planted all across India in observation of the Van Mahotsav week. People celebrate Van Mahotsava by planting trees or saplings in homes, offices, schools, colleges, etc.

SYLLABUS

ENGLISH: First Day at School, Grammar- Nouns, Gender to be introduced, Tongue twisters, Creative writing, Months in a year - oral, Naming words and special Names

MATHS: Operations of numbers up to 40 , Collection, observation and comparison of objects , Brain Teasers, Skip Counting by 2's , Table written-2, Revisit Addition & Subtraction Story Sums , Ordinal Number , Dodging tables, Revision of number names

HINDI

- ि(इ) और ी(ई)की मात्राओं के शब्द और वाक्य का प्रारंभिक ज्ञान ।
- ि, िीकी मात्राओं की पुनरावृत्ति ।
- अध्याय.१५ में भी(अभिनय प्रस्तुति)।
- अध्याय..मकड़ी-ककड़ी-लकड़ी (केवल पठन हेतु)।
- आम की टोकरी (काव्य उच्चारण)
- व्याकरण -
- लिखित लिंग(ि, िी मात्राओं से संबंधित)
- विराम चिह्नन (।-पूर्ण विरामचिह्न की पुनरावृत्ति।
- महीनों के नाम -मौखिक।
- संज्ञा की जानकारी प्राप्त करना।
- लिखित ि, िी की मात्राओं से बने शब्दों में से संज्ञा चुनें।



LUNCH BOX- SECRETS – JULY SPECIAL

FRESH FRUIT SPRING ROLLS



INGREDIENTS

1 apple & 1 mango
 ½ grapes
 1 peach
 1 kiwi
 4 strawberries
 10 raspberries
 1/8 cup pomegranate
 5 mint leaves fresh
 4 tbsp cream cheese
 4-6 bread slices

METHOD

Start by chopping fruits. Cut the apple and mango in long thin strips. Slice the strawberries, raspberries and kiwi into rounds and cut the grapes. Cut the sides of the bread and with a rolling pin thinly roll the slices. Spread cream cheese in the centre and put all the chopped fruits and roll the slice. Repeat for each spring roll making one at a time. Quickly make a dressing by mixing the chocolate sauce, cream and powdered sugar together in a bowl and serve with the fruit spring rolls.

TONGUE TWISTERS

*“I scream, you scream,
we all scream for ice
cream!”*

THEME OF THE MONTH –RAIN



RAIN, as we all know, is one of the important sources of water. The theme would enable the children to understand the concept of water cycle and the importance of rain for our survival as it is the only source of water through which lakes and ponds and rivers get replenished and how it is transported to our homes. Furthermore, discussion about dam would enable the children to understand the need of storing water. They also would be briefed regarding the different seasons in a year. The thematic concept would also instill awareness regarding the need of the hour – saving water and ways and means to prevent wastage of water. Children would not fail to appreciate the fact that water is a precious resource and thus it should be used wisely.

PROJECT OF THE MONTH – FROG



Frogs are amphibians, creatures that inhabit both land and water environments equally successfully. There are thought to be around 5,000 different species of frog around the world. Frogs are well known for their coiled, sticky tongue which they project out of their mouths to catch insects. Frogs are also well known for being able to breathe through their skin as well as their lungs.

Through the project, the children would learn about animals that live on land, in water and will be acquainted with the term – amphibians (animals that live both on land and in water). Furthermore, they would be encouraged to compare and contrast the different types of animals. Discussion on difference between a frog and toad along with the “Life Cycle of a Frog” would enhance their knowledge. Learning new words related to the project and theme would add on to their vocabulary. As part of the project, “Crafty Frog Activity” would be fun filled and enjoyed by the children.

PARENT PLUS

- Don't Leave the Water Running - Remind children to tightly turn off taps and avoid leaving the water running as they brush their teeth. This small action goes a long way to saving water at the sink.
- Use Positive Reinforcement - Making them feel proud about their actions encourages positive behavior. Turn saving water into a game and reward children for making water conscious decisions.

AMAZING FACT

- The largest frog is the giant or **GOLIATH FROG** of West Central Africa.
- The largest frog in America is the **Bullfrog**.
- There are over 4,700 species of frogs.
- Frogs come in all sorts of colours.