

*"We worry about what a child will become tomorrow, yet we forget that he is someone today"*

Dear Parents,

Summer Vacation is round the corner. It is that time of the year where children are free to be themselves without the rigor and tightly squeezed schedules that define school days. While educationists lament the loss of learning that takes place during the vacation time, popularly termed "Summer Slide" claiming that the disconnect with rigorous academic discipline offsets all the benefits and progress in the learning curve posted by children with consistent learning reinforcement programmes all through the year, they tend to overlook what the child stands to gain from letting him be during the refreshing month long vacation. But the watchword here is "Freedom"- freedom to be , freedom to explore the within and without, bond with the extended family , nature , pursue hobbies or just engage with oneself and others in his immediate surroundings in meaningful and purposeful ways.

In today's fast paced life where there is "no time to stand and stare", Parents need to spend quality time with their children and make up for all the lost time by bonding with them during the vacation time. It is imperative that they do it, otherwise they will have only themselves to blame when faced with rebellious and difficult teenagers.

### Some pointers for the students:

1. Keep up your daily schedule even during vacation- get up early and go to bed early. Don't miss out on the benefits of "Early to bed and Early to rise".
2. You can garner a wealth of experience by productively engaging yourself through-out your day.
3. Indulge in your hobbies you don't have time for during your school days.
4. Read good books.
5. Explore your neighborhood- you may never know what places of interest lie in your neighborhood until you explore for yourself!
6. Take to cycling in the evenings or a stroll in the morning in your neighbourhood park. Connect with nature around you to experience its beauty and bounty first hand.
7. Meet up with members of your extended family and catch up with what has been happening in the intermittent period when you cut off due to your packed schedule during school.
8. Make journal entries about things that transpired every day of your vacation. If you happen to visit any new place, keep a photo journal to record your experience.

### For the Parents:

1. Spend quality time with your wards. Gift them your time. It is irreplaceable.
  2. Bond with your children through common hobbies.
  3. Set an example for your child by reading yourself.
  4. Take your children to visit their grandparents.
  5. Eat together as a family-Remember "The Family that eats together stays together."
  6. Cherish your time together.
- So here's wishing all parents a fruitful and productive vacation with their wards!

Warm Regards,  
Principal



## GLOBALLY IMPORTANT DAYS OF THE MONTH

**MAY 1 International Labour Day-** International Workers' Day, also known as Labour Day or Workers' Day in some countries, and often referred to as May Day, is a celebration of the working classes that is promoted by the international labour movement.

**MAY 15 International Family Day-** The Day reflects the importance the international community attaches to families. The International Day provides an opportunity to promote awareness of issues relating to families and to increase knowledge of the social, economic and demographic processes affecting families.

**JUNE 5 World Environment Day-** This day is encouraging worldwide awareness and action for the protection of our environment. It has been a flagship campaign for raising awareness on emerging environmental issues from marine pollution, human overpopulation, and global warming, to sustainable consumption and wildlife crime. The theme for this year is 'Beat Plastic Pollution'. The host nation is India.

### CAMPUS CLANDESTINE

The first month of this academic year was spent revising and revisiting some of the basic concepts of English, Math and Hindi which the children have already learnt in class II. Some of the activities which the children loved were also repeated and the children themselves were given the onus of explaining the activity. The Thursday Activities provided an opportunity to the children to explore the world of Books and Comics and create a comic strip of their own. They also learnt to take good care of their books through the various discussions held in connection with the Theme of this month. Annual Theme activity helped them understand the impact of noise pollution in their day-to-day lives. Reggio Emilia activity was enjoyed by them and they were enthusiastic to modify the activity.

**JUNE 12 World Day Against Child Labour / Child Labour Prohibition Day-** focus attention on the global extent of child labour and the action and efforts needed to eliminate it. Each year on 12 June, the World Day brings together governments, employers and workers organizations, civil society, as well as millions of people from around the world to highlight the plight of child labourers and what can be done to help them.

**JUNE 21 International Day of Yoga-** The idea was first proposed by the current Prime Minister of India, Mr. Narendra Modi during his speech at the UNGA, on 27 September 2014. He stated:

Yoga is an invaluable gift of India's ancient tradition. It embodies unity of mind and body; thought and action; restraint and fulfillment; harmony between man and nature; a holistic approach to health and well-being. It is not about exercise but to discover the sense of oneness with yourself, the world and the nature. By changing our lifestyle and creating consciousness, it can help in wellbeing. Let us work towards adopting an International Yoga Day. — Narendra Modi, UN General Assembly



## SYLLABUS

### ENGLISH

English Reader 3 :Unit 4 The Shooting Match.  
Workbook 3: Unit 4 WS 1, WS 2, WS 5 and 6 not to be done, WS 3, 4 & 7 to be covered in later months.

### EVS

Unit 6 Foods We Eat, Unit 14 Story of Food (Activity based), Unit 10 What is Cooking

### MATHS

Unit 3 RUnit 4 - Simple addition and subtraction (Pg 34 example 1 and 4 not to be done), Unit 5 -Addition with carry over 5D Q4, Q5a, d) not to be done, Tables

### HINDI

साहित्य—क्योंजीमल और कैसे  
कैसलिया |व्याकरण—मात्रा |



JUICE IT UP THIS SUMMER

Aloe Vera and Lemon Cooler



Ingredients:

- ❖ Aloe Vera 2 tablespoons
- ❖ Lemon juice
- ❖ Sugar 3 to 4 teaspoons
- ❖ Salt 1 ¼ teaspoon
- ❖ Water 1 ½ cup

METHOD

1. To make this summer drink take a blender jar
2. Add about half cup water to it
3. To the water add the rest of the ingredients
4. Blend them all together
5. Now pour in the rest of the water along with some ice cubes and churn again
6. Serve chilled

*Variation - Add minty water instead of plain water to create an even fresh and soothing variant.*

TONGUE TWISTERS

**How many cookies could a good cook cook, if a good cook could cook cookies? A good cook could cook as many cookies as a good cook could cook cookies.**

THEME OF THE MONTH –FOOD



*“There are people in the world so hungry, that God cannot appear to them except in the form of bread.”*

– Mahatma Gandhi

Food is one of the basic requirements of life; we cannot sustain ourselves without food. Food is fuel for the body and through the Theme: Food, the children will understand the importance of food for human body, and they will be able to differentiate between healthy and junk food.

Children will also understand the importance of balanced diet, and they will know about good food habits and table manners which are an essential part of the modern etiquettes. Children will also be encouraged to develop the understanding that food must not be wasted as it is a commodity which is essential for everyone and food once wasted is of no use to anyone.



PARENT PLUS

- The combined notebooks are being sent almost daily to home, except on those days when they are kept back for correction.
- Ensure that your child brings enough vegetables and fruits in lunch.
- It is imperative that we encourage the child to develop the habit of packing his/her own bag according to the Time Table before coming to school.
- Ensuring that the children remain hydrated throughout the day is essential to prevent any harmful effects of the hot weather.

AMAZING FACTS

FOOD

1. The oldest evidence for soup is from 6,000 B.C. and calls for hippopotamus and sparrow meat.
2. Ripe cranberries will bounce like rubber balls.
3. An average ear of corn has an even number of rows, usually 16.
4. Apples belong to the rose family, as do pears and plums.
5. Castoreum, which is used as vanilla flavoring in candies, baked goods, etc., is actually a secretion from the anal glands of beavers.
6. The softening agent L-cysteine – used in some bread – is made from human hair and duck feathers.
7. Coconut water can be used as blood plasma.