

"We worry about what a child will become tomorrow, yet we forget that he is someone today"

Dear Parents,

Summer Vacation is round the corner. It is that time of the year where children are free to be themselves without the rigor and tightly squeezed schedules that define school days. While educationists lament the loss of learning that takes place during the vacation time, popularly termed "Summer Slide" claiming that the disconnect with rigorous academic discipline offsets all the benefits and progress in the learning curve posted by children with consistent learning reinforcement programmes all through the year, they tend to overlook what the child stands to gain from letting him be during the refreshing month long vacation. But the watchword here is "Freedom"- freedom to be , freedom to explore the within and without, bond with the extended family , nature , pursue hobbies or just engage with oneself and others in his immediate surroundings in meaningful and purposeful ways.

In today's fast paced life where there is "no time to stand and stare", Parents need to spend quality time with their children and make up for all the lost time by bonding with them during the vacation time. It is imperative that they do it, otherwise they will have only themselves to blame when faced with rebellious and difficult teenagers.

Some pointers for the students:

1. Keep up your daily schedule even during vacation- get up early and go to bed early. Don't miss out on the benefits of "Early to bed and Early to rise".
2. You can garner a wealth of experience by productively engaging yourself through-out your waking hours.
3. Indulge in your hobbies you don't have time for during your school days.
4. Read good books.
5. Explore your neighborhood- you may never know what places of interest lay in your neighborhood until you explore for yourself!
6. Take to cycling in the evenings or a stroll in the morning in your neighbourhood park. Connect with nature around you to experience its beauty and bounty first hand.
7. Meet up with members of your extended family and catch up with what has been happening in the intermittent period when you cut off due to your packed schedule during school.
8. Make journal entries about things that transpired every day of your vacation. If you happen to visit any new place, keep a photo journal to record your experience.

For the Parents:

1. Spend quality time with your wards. Gift them your time. It is irreplaceable.
 2. Bond with your children through common hobbies.
 3. Set an example for your child by reading yourself.
 4. Take your children to visit their grandparents.
 5. Eat together as a family-Remember "The Family that eats together stays together."
 6. Cherish your time together.
- So here's wishing all parents a fruitful and productive vacation with their wards!

Warm Regards,
Principal



GLOBALLY IMPORTANT DAYS OF THE MONTH

MAY 1 International Labour Day- International Workers' Day, also known as Labour Day or Workers' Day in some countries, and often referred to as May Day, is a celebration of labourers and the working classes that is promoted by the international labour movement.

MAY 15 International Family Day- The Day reflects the importance the international community attaches to families. The International Day provides an opportunity to promote awareness of issues relating to families and to increase knowledge of the social, economic and demographic processes affecting families.

JUNE 5 World Environment Day- Is encouraging worldwide awareness and action for the protection of our environment. It has been a flagship campaign for raising awareness on emerging environmental issues from marine pollution, human overpopulation, and global warming, to sustainable consumption and wildlife crime. The theme for this year is 'Beat Plastic Pollution'. The host nation is India.

CAMPUS CLANDESTINE

The month of April started off with lots of excitement, gearing them into the new academic session and finally feeling like part of a "big" school. Myriad of activities related to summer brought down the heat. The children welcomed their new classroom and its ambience with great joy and pride. Various activities related to the theme "My School" created awareness of their surroundings and instilled in them a sense of responsibility towards school, taking care of school property as well as their belongings and the importance of a clean environment. Map Activity was a novel experience for the children and they were introduced to directions - North, East, West and South. The children were also briefed about our new Annual Theme - "Noise Pollution" through discussions and AV modules. The major Co-curricular activity for the month of April "Little Star" was no less in keeping the spirits high with a plethora of activities and it indeed made the children feel very special.

JUNE 12 World Day Against Child Labour / Child Labour Prohibition Day- focus attention on the global extent of child labour and the action and efforts needed to eliminate it. Each year on 12 June, the World Day brings together governments, employers and workers organizations, civil society, as well as millions of people from around the world to highlight the plight of child labourers and what can be done to help them.

JUNE 21 International Day of Yoga- The idea was first proposed by the current Prime Minister of India, Mr. Narendra Modi during his speech at the UNGA, on 27 September 2014. He stated:

Yoga is an invaluable gift of India's ancient tradition. It embodies unity of mind and body; thought and action; restraint and fulfillment; harmony between man and nature; a holistic approach to health and well-being. It is not about exercise but to discover the sense of oneness with yourself, the world and the nature. By changing our lifestyle and creating consciousness, it can help in wellbeing. Let us work towards adopting an International Yoga Day.
- Narendra Modi, UN General Assembly



SYLLABUS

ENGLISH

READER: I Can!, Grammar-Sentence formation, Identification of Punctuation marks (, , ! & ?), Revision of capital cursive & Days of the week(written)

Note-Pg. no. 34 Q-2 will be done in December Workbook

Sentences and Question Words Note : Pg. no.

16, worksheet 4 Q-2 will be done in September

MATHS

Subtraction (2 digits) , Tables oral- 2 & 3 , Table - written 2 , Operations of numbers up to 30 , Backward counting 30-1 , Written: Story sums (addition) , Oral : Story sums (subtraction) , Number names (1-20)

HINDI

लिखित । (आ)की मात्रा के शब्द पुनरावृत्ति ।
। मात्रा से बने वाक्यों का लेखन ।

गड़बड़ जाला(। मात्रा)

विराम चिह्न (।-पूर्ण विराम) का परिचय ।

मौखिक सप्ताह के दिनों के नाम अध्याय. भजूला(केवल पठन हेतु) आम की कहानी (चित्र कथा) ।

JUICE IT UP THIS SUMMER

Aloe Vera and Lemon Cooler

**Ingredients:**

- ❖ Aloe Vera 2 tablespoons
- ❖ Lemon juice
- ❖ Sugar 3 to 4 teaspoons
- ❖ Salt 1 ¼ teaspoon
- ❖ Water 1 ½ cup

METHOD

1. To make this summer drink take a blender jar
2. Add about half cup water to it
3. To the water add the rest of the ingredients
4. Blend them all together
5. Now pour in the rest of the water along with some ice cubes and churn again
6. Serve chilled

Variation - Add minty water instead of plain water to create an even fresh and soothing variant.

TONGUE TWISTERS

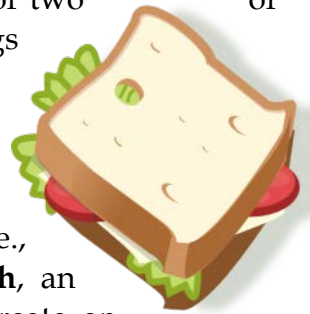
"I wish to wish the wish you wish to wish."

THEME OF THE MONTH – BREAKFAST

Breakfast is the first meal of a day, most often eaten in the early morning before undertaking the day's work. The word in English refers to breaking the fasting period of the prior night. Through the theme, children would understand the importance and the benefits of eating a healthy breakfast and also get a broader insight regarding the term "balanced diet". Furthermore, they would have a better understanding that each region has its own regional breakfast. Classroom discussions and activities on the theme would enable the children to appreciate the benefits of eating a healthy breakfast .

**PROJECT OF THE MONTH – SANDWICH**

A **sandwich** is a food item commonly consisting of two more slices of bread, with one or more fillings between them. **Sandwiches** are a widely popular type of lunch food, typically taken to work, school, or picnics to be eaten as part of a packed lunch. Discussion on the project topic would help the children get to know the origin of sandwich , i.e., named after John Montagu, 4th Earl of **Sandwich**, an eighteenth-century English aristocrat. It would create an awareness regarding the different types of sandwich and also why brown bread is a healthier option. Video on "How it's made: Bread" would enable the children to have a better understanding of the project topic and instill in the children the importance of having a healthy diet and saying "NO" to junk food.

**PARENT PLUS**

- Find better ways to say "I love you." Do not use foods as reward to kids and show affection. Offer hugs, praise, and attention instead of food treats.
- **Start them young.** Food preferences are developed early in life, so offer variety. You may need to serve a new food a few different times for a child to accept it. Don't force a child to eat, but offer a few bites.
- **Kids do as you do.** Be a role model and eat healthy yourself. When trying to teach good eating habits, try to set the best example possible. Choose nutritious snacks, eat at the table, and don't skip meals.

AMAZING FACTS

- ✓ The sandwich was named after Lord Sandwich - a gambler who didn't have time to eat during a play so he would ask his servants to bring him slices of meat in between slices of bread.

